

@ the LRC

Edited by Suzanne Waddell

SPRING 2013

February is...
Black History Month

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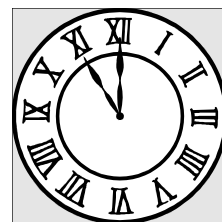
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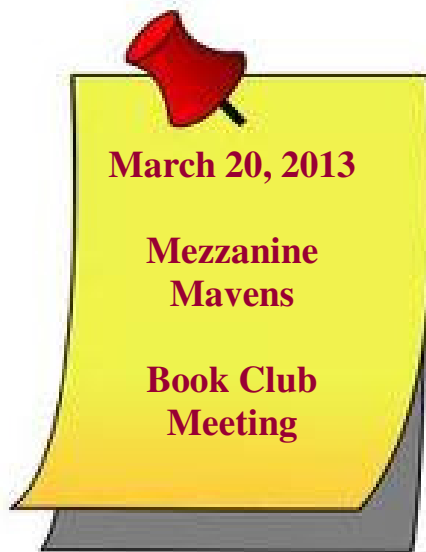
This year's theme for *Black History Month* focuses a spotlight on the issues of abolition, slavery, and resistance. Librarian Tim Creamer put together a display that includes several new book titles purchased with the generous support of the Dr. Vincent E. Miles African-American Collection. Please stop by and view our tribute to the African-American community.



Library Hours

Sunday 2:00 pm - 10:00 pm
Monday 7:00 am - 10:00 pm
Tuesday 7:00 am - 10:00 pm
Wednesday 7:00 am - 10:00 pm
Thursday 7:00 am - 10:00 pm
Friday 7:00 am - 5:00 pm
Saturday Closed

Any materials used in the exhibit may be borrowed after February 14.



The Mezzanine Mavens have selected *The Silver Linings Playbook* by Matthew Quick as the next read for the book club. *Silver Linings* tells the story of Pat Peoples who has just been released from a mental health facility. His mission in life is to win back his estranged wife, so he spends his time trying to become the man his wife always wanted him to be. Meanwhile, Pat is being pursued by Tiffany, the mentally unstable, widowed sister-in-law of his best friend. The book was made into a movie, released last year starring Bradley Cooper and Jennifer Lawrence and has been nominated for eight Academy Awards including Best Picture.

Book club member Laurie Grove had this to say about the book -

“I am dying to discuss [Silver Linings](#). I read it over the summer and fell in love after just the first few pages! There were moments throughout this book where I found myself looking around to see who was watching as I was literally “cackling out loud” – Cliff, the main character’s therapist, is a riot and someone you can relate to on so many levels! This book is charming, witty, disturbing, hilarious, and sad all at the same time. By the end, you will want to wrap yourself in a giant hug it makes you feel that good.”

As always, please feel free to bring a bag lunch to the meeting. Dessert and a beverage will be provided by the library staff. RSVP to Diane Ambruso by March 15th.

“Libraries really are wonderful. They're better than bookshops, even. I mean bookshops make a profit on selling you books, but libraries just sit there lending you books quietly out of the goodness of their hearts.”

— Jo Walton, Among Others

In case you missed it...the library once again showcased gingerbread houses at Christmastime “constructed” by the second year Architecture students.



Woodworking on Display



A federal sofa table made of walnut and crafted by cabinetmaking instructor Steve Latta is currently on display in the library. Steve's table was inspired by a piece of furniture made by John Shaw, a cabinetmaker who worked in the Baltimore area during the 1790's. Shaw's original design was "beefier" and had deeper, heavier legs, while Steve made a table that is lighter and more feminine for our modern sensibilities. The idea of taking a cabinetmaker's original design and somehow "updating" it is not unusual, according to Steve, who said he likes to put contemporary spins on traditional furniture forms.

Steve is always working on something in his shop; it helps him to stay current and it exposes his students to new and different woodworking experiences. Sometimes he produces a piece because he is writing an article for publication in one of the woodworking magazines such as *Fine Woodworking*. Other times Steve uses what he makes as a teaching piece at a museum or workshop. The sofa table displayed in the library was disassembled for a class last summer and then finished in his lab during last semester.

Steve uses the time set aside for "open lab" for his students on Wednesday evenings and Saturdays to work on his own projects. He doesn't sell the pieces he makes here, but either finds a place for them in his home or donates them to be auctioned for various fundraisers.



Evan Hogan of Pittsburgh stands proudly by his Chester County chest of drawers made from walnut.



Rich Berkey from Lititz shows off his contemporary sideboard made from walnut and bubinga woods.

Our goal is to help you find the information you need at a time and place that's convenient for you. Our promise is to help you understand when information is needed, recognize where it is, and master methods to retrieve it.

Library Staff

*Diane Ambruso - Director
Suzanne Waddell - Librarian
Timothy Creamer - Librarian
Brenda Smith - Library Technician*

Coming next month

***March is Women's History Month
and the theme this year is STEM***

***Women in Science, Technology,
Engineering and Math***

***Look for our display beginning the
first week of March***

Featured Web Site - Lifescript
<http://www.lifescript.com>

Lifescript is a website with health advice for women on everything "from heart disease to heart-break." Its mission is to create an online forum where women can find and share information about healthy living. A panel of experts including physicians and nutritionists is responsible for the unique content, which covers a range of topics important to women.

Originally, Lifescript was a single-product company, founded in 1999, which sold customized vitamin plans. Eventually, the company added meal replacement shakes and nutritional soy bars to its product line. In 2005, the company developed its online presence when it launched a women's health portal and three years later, it launched Lifescript 2.0, a next-generation website. The company's headquarters are located in Mission Viejo, CA with additional offices in New York, Chicago, and Beverly Hills.

When you go to Lifescript's home page, you will see that there is a lot of infor-



mation readily available at your fingertips. Tabs at the top of the page include health A-Z, pregnancy & parenting, diet & fitness, food & recipes, life & relationships, and soul & spirit. Or you can find information by scrolling down through the home page. Here you can directly access health news, pull up information from one of the site's experts, or click on a link for a recipe that looks enticing. There is also an interactive element to the site: go ahead and cast your vote in the poll of the day, take a quiz, or join the conversation by submitting a relationship question to the Lifescript personal coach.

Unfortunately, there are also a lot of ads alongside the excellent resources available. But if you are willing and patient enough to wade through the paid ads, you are sure to find the answer to that health/relationship question that's been bugging you or what to make for a healthy dinner tonight.